I PRAISE YOU Lord, that we can bear our whole weight on the promises of God. It is our privilege to believe! Teach us the power of Your Word! Teach us the power of faith! I PRAISE YOU Lord, that what You have promised, You will do! Help us to desire to know and do Your will that Your promises will indeed be fulfilled and answered YES in our lives!

Praying the Word – 1B		
"God is not a man, that he should lie; neither the son of man, that he should repent: hath he said, and shall he not do it? or hath he spoken, and shall he not make it good?" Num. 23:19 "For ever, O LORD, thy word is settled in heaven." Ps. 119:89	"Grasp His promises as leaves from the tree of life: 'Him that cometh to Me I will in no wise cast out.' John 6:37. As you come to Him, believe that He accepts you, because He has promised. You can never perish while you do this — NEVER." <i>Ministry of Healing</i> , p. 65	
"Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?" Matt. 6:31 "He that spared not his own Son, but delivered him up for us all, how shall he not with him also freely give us all things?" Rom. 8:32	"So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper <i>in the thing</i> whereto I sent it." Isa. 55:11	
"God stands back of every promise He has made. With your Bible in your hands say, I have done as Thou hast said. I present Thy promise, "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you." <i>Christ Object Lessons</i> , p. 147	"And this is the confidence that we have in him, that, if we ask any thing according to his will, he heareth us: And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him." 1 John 5:14,15	
"Every promise in the Word of God is for us. In your prayers, present the pledged word of Jehovah and by faith claim His promises. His Word is the assurance that if you ask in faith, you will receive all spiritual blessings. Continue to ask, and you will receive exceeding abundantly above all that you ask or think. Educate yourself to have unlimited confidence in God." <i>In Heavenly Places</i> , p. 71	"Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust." 2 Peter 1:4	
"For all the promises of God in Him are Yes." 2 Cor. 1:20 ""If we desire to know and to do God's will, His promises are ours: 'You will know the truth, and the truth will make you free.' " <i>Help in Daily Living</i> , p. 166	"The honor of His throne is staked for the fulfillment of His Word unto us." <i>Christ Object Lessons</i> , p. 148 "Just believe and praise God and go forward. We are almost home Bear your whole weight on the promises of God. Believe. It is your privilege to believe." EGW Letter 31, Jan 1, 1897	
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Per	rsonal Growth – 1A	
f	vers & Promises For my personal itual Growth!	I PRAISE YOU Lord, that You have power to bring new life to dead bones! Please rescue me from any spiritual complacency. Give me a passion to know You and to live for You with joy!
personal reviv	YOU Lord, for bringing val to my life and relationship elp me to earnestly seek this depends upon it, for it does!	I PRAISE YOU Lord, that You will give me a heart to know You. Help me to seek You with all my heart and not settle for a superficial relationship with Jesus or for superficial blessings!
Holy Spirit and I thank	OU Lord , for the gift of the !! This is what I most need You for promising to give is great gift to me!	I PRAISE YOU Lord, that You can give me a new heart; a heart that loves You, and loves the things of heaven and turns away from the allurements of the world. I cannot change my heart, but You promise to do this work!
Promise in Y Your promise shall receive' those inexha	E YOU Lord, that every four Word is for ME! I claim today that says, "Ask and ye" (Matt. 7:7). I am asking for ustible resources that come om Your throne!!	I PRAISE YOU Lord, for awakening me early to spend time with You each morning. The devil wants to keep me asleep, but You will help me cast off his blanket of "lethargy" and move forward with power!
change me fro like You! Help and any doubl	OU Lord , that You want to om the inside out! Make me me to put away all pretense e standard of living. Help me oure heart before You!	I PRAISE YOU Lord, for teaching me what it means to delight in You! May You truly become my ONE DESIRE – not miracles, or answers to prayer, or even blessings, but more of You! May this be my desire!
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Personal Spiritual Growth – 1b		
"Thus saith the Lord GOD unto these bones; Behold, I will cause breath to enter into you, and ye shall live." Ezek. 37:5	"And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent." John 17:3	
"And I will give them an heart to know me, that I am the LORD: and they shall be my people, and I will be their God: for they shall return unto me with their whole heart." Jer. 24:7 "And ye shall seek me, and find me, when ye shall search for me with all your heart." Jer. 29:13	"Awake thou that sleepest, and arise from the dead, and Christ shall give thee light. Eph. 5:14 "Wilt thou not revive us again: that thy people may rejoice in thee?" Ps. 85:6	
"A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh." Ezek. 36:26	"If ye then, being evil, know how to give good gifts unto your children: how much more shall <i>your</i> heavenly Father give the Holy Spirit to them that ask him?" Luke 11:13	
"He wakeneth morning by morning, he wakeneth mine ear to hear as the learned." Isa. 50:4 "With my soul have I desired thee in the night; yea, with my spirit within me will I seek thee early." Isa. 26:9	"All who consecrate soul, body, and spirit to God will be constantly receiving a new endowment of physical and mental power. The inexhaustible supplies of heaven are at their command. Christ gives them the breath of His own spirit, the life of His own life Through co-operation with Christ they are complete in Him, and in their human weakness they are enabled to do the deeds of Omnipotence." <i>Desire of Ages</i> , p. 827	
"One thing have I desired of the LORD, that will I seek after; that I may dwell in the house of the LORD all the days of my life, to behold the beauty of the LORD, and to enquire in his temple." Ps. 27:4	"For he is not a [Christian], which is one outwardly But he is a [Christian] which is one inwardly." Rom. 2:28,29 "The LORD seeth not as man seeth; for man looketh on the outward appearance, but the LORD looketh on the heart." 1 Sam. 16:7	
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Prayers & Promises for overcoming

Spiritual Breaches!

I PRAISE YOU Lord, that You've called us to be the repairer of the breach. But how can we stand strong on behalf of others when we have so many breaches in our own lives? Please teach us, through Your Word, how to become spiritually fortified so we can stand strong on behalf of others that are in spiritual need!

I PRAISE YOU Lord, that while You've told us to, "Examine yourselves, whether ye be in the faith" (2. Cor. 13:5), You've also called us to Your side for healing! You've poured out all heaven in one gift– JESUS! And He would have come to earth just for me! I PRAISE YOU Lord, that You promise to heal me of my wounds. Put the spotlight of Your Word upon my heart, Lord! Show me the specific ways I have dishonored You, the people I've wounded, and the sins I need to confess. Heal me and lead me in the way everlasting!

I PRAISE YOU Lord, that You've given the tools for victory in Your Word. Help me to stand strong in my Ephesians 6 armor. Help me to be an overcomer in my thoughts, in my words, in my relationships, in what I eat, in how I spend my time and money, at work, and even in secret when no one is watching but You!

I PRAISE YOU Lord, that You've given me so many amazing promises in Your Word. Teach me how to stand strong in faith upon these promises. Help me to not allow my feelings to dictate my faith, but look to Your Word alone, just like the centurion did (Luke 7:7,9).

I PRAISE YOU Lord, that You've promised not to leave me to fight these battles alone. In fact, You tell me in Ex. 14:14, "For the Lord shall fight for You." I'm a great sinner, Lord, but I praise You that You are a greater Savior!

I PRAISE YOU Lord, that the there's no room to boast, except in the cross of Christ! While I desire to honor You, help me to remember that no good thing I do will earn my salvation (Isa. 64:6). I plead the blood of Christ in all that I do!

I PRAISE YOU Lord, that You can change my heart, and give me a deep love for You, Your Word, and the things of heaven. Thank You that YOU can keep me from falling! But if I fall, You won't cast me aside, but will pick me back up in Your loving arms, and help me try again!

I PRAISE YOU Lord, that You can restore what the enemy has destroyed. What he has meant for evil, You can turn to good (Gen. 50:20). You are in the business of restoring the dreams, the life, the hope, the spiritual strength we thought was lost! I praise You for making me strong again!

Overcoming BREACHES – 1b		
"And they that shall be of thee shall build the old waste places; thou shalt raise up the foundations of many generations; and thou shalt be called, the Repairer of the Breach, The Restorer of Paths to Dwell In." Isa. 58:12	"By watchfulness and prayer, [we] may so guard [our] weakest points that they will become [our] strongest points. Through the grace of Christ, [we] may acquire moral stamina, strength of will, and stability of purposeto rise above the alluring, infatuating temptations of Satan, and to become loyal, devoted Christians." **Gospel Workers*, p. 126**	
"Search me, O God, and know my heart; try me, and know my thoughts; And see if there be any wicked way in me, and lead me in the way everlasting." Ps. 139:23,24 " 'I will heal thee of thy wounds,' saith the LORD" Jer. 30:17	"'Come now, and let us reason together,' saith the LORD, 'Though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool.'" Isa. 1:18 "If we confess our sins, He is faithful and just to forgive us <i>our</i> sins, and to cleanse us from all unrighteousness." 1 John 1:9	
"Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust." 2 Pet. 1:4 "I have set the LORD always before me: because He is at my right hand, I shall not be moved." Ps. 16:8	"The soul must be barricaded by prayer and study [of] the Scriptures. Armed with these weapons, Jesus encountered our wily foe on the field of battle, and overcame him. We may all conquer in His strength" Our High Calling, p. 330 "But thanks be to God, which giveth us the victory through our Lord Jesus Christ." 1 Cor. 15:57	
"For by grace are ye saved through faith; and that not of yourselves: <i>it is</i> the gift of God: Not of works, lest any man should boast. For we are His workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them." Eph. 2:8-10	"They are to contend with supernatural forces, but they are assured of supernatural help. All the intelligences of heaven are in this army The Holy Spirit, the representative of the Captain of the Lord's host, comes down to direct the battle. Our infirmities may be many, our sins and mistakes grievous; but the grace of God is for all who seek it with contrition. The power of Omnipotence is enlisted in behalf of those who trust in God." <i>Desire of Ages</i> , p. 352	
"And I will restore to you the years that the locust hath eaten, the cankerworm, and the caterpillar, and the palmerworm, my great army which I sent among you. And ye shall eat in plenty, and be satisfied, and praise the name of the LORD your God, that hath dealt wondrously with you: and my people shall never be ashamed." Joel 2:25,26	"And the LORD thy God will circumcise thine heart, and the heart of thy seed, to love the LORD thy God with all thine heart, and with all thy soul, that thou mayest live." Deut. 30:6 "Now unto Him that is able to keep you from falling, and to present <i>you</i> faultless before the presence of His glory with exceeding joy." Jude 1:24	

Marriage -	1	A
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Prayers & Promises for my

Marriage

I PRAISE YOU Lord, that You designed marriage as a gift in the Garden of Eden, and You desire our lives to be stronger together than they were apart. Please show us how to have a marriage that will be for Your honor and glory! Help me to point my spouse toward heaven!

I PRAISE YOU Lord, for the gift of LOVE! Help me not to forget the early attentions and ways I loved my spouse when we first came together. Help me not to grieve the Holy Spirit by the ways I treat my spouse today, but rather to make heaven sing in joy!

I PRAISE YOU Lord, that You have given us the ultimate example of unselfish unconditional love! I don't have this kind of love naturally, Lord. But I know You can give this love to me! Show me how to love my spouse like You do!

I PRAISE YOU Lord, that You want to dwell in my home! Show me how to make our home a little "heaven on earth" where the angels love to visit. Show me how to speak in love, respond in love, and serve unselfishly in love.

I PRAISE YOU Lord, that You are so longsuffering and patient with us. Forgive me for the time I've been offended, for the times I've wasted defending my pride and wounded self. Show me what it means to lay down my life in love, as You've done for me!

I PRAISE YOU Lord, for my spouse!
Help me to honor them, respect them, love them, nurture them, and encourage them heavenward in their life and ministry. Help me be their biggest cheer-leader and fan! Help them to daily see a picture of Jesus in ME! Teach me to love like You, Lord!

I PRAISE YOU Lord, that You have given us an example of perfect love! Perfect love crucifies self rather than crucifying others! I have so far to go, Lord! Please change me, grow me, help me be the spouse You've called me to be!

I PRAISE YOU Lord, that You gave us an example of what it means to serve. Rather than looking to be served, help me strive to be the first to SERVE my spouse! Please make our home a taste of heaven on earth – and show me how to love and respect my spouse so deeply, that they won't ever go looking for love in the arms of another.

I PRAISE YOU Lord, that You are my rock and foundation. Help me to always be a stepping stone (rather than a stumbling block) to encourage my spouse into a deeper love relationship with you. United as a couple may we be a power for Your glory in the church!

┙	Marriage – 1B		
	"Except the Lord build the house, they labor in vain that build it." Ps. 127:1 "Two are better than one; because they have a good reward for their labour. For if they fall, the one will lift up his fellow: but woe to him that is alone when he falleth; for he hath not another to help him up." Ecl. 4:9	"And the LORD God said, <i>It is</i> not good that the man should be alone; I will make him an help meet for him. Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh." Gen. 2:18,24	
	"Love suffereth long, and is kind; love envieth not; love vaunteth not itself, is not puffed up, Doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil; Rejoiceth not in iniquity, but rejoiceth in the truth; Beareth all things, believeth all things, hopeth all things, endureth all things. Love never faileth." 1 Cor. 13:4-8	"And grieve not the holy Spirit of God, whereby ye are sealed unto the day of redemption. Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice: And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you." Eph. 4:30-32	
	"If pride and selfishness were laid aside, five minutes would remove most difficulties. Angels have been grieved and God displeased by the hours which have been spent in justifying self." Early Writings, p. 119 "Wives, submit yourselves unto your own husbands, as unto the Lord. Husbands, love your wives, even as Christ also loved the church, and gave himself for it." Eph. 5:22,25	"A soft answer turneth away wrath, but grievous words stir up anger." Prov. 15:1 "Make your home a little heaven on earth. You can do this, if you so choose. You can make home so pleasant and cheerful that it will be the most attractive place on earth" Sermons and Talks, Vol. 2, p. 200	
	"Crucify self, in the place of seeking to crucify your [spouse]. 'If any man will come after Me,' Christ said, 'let him deny himself, and take up his cross, and follow Me.' (Matt. 16:24)." Letter 11, 1905. "Great peace have they which love thy law and nothing shall offend them." Ps. 119:165	"Who can find a virtuous woman? For her price is far above rubies. The heart of her husband doth safely trust in her, so that he shall have no need of spoil. She will do him good and not evil all the days of her life. Her husband is known in the gates, when he sitteth among the elders of the land." Prov. 31:10-12,23	
	"Through wisdom is an house builded; and by understanding it is established: And by knowledge shall the chambers be filled with all precious and pleasant riches." Prov. 24:3,4 "The wife, united with her husband in the fear of God, is to be a strength and power in the church." 10 Manuscript Releases, 179	"And whosoever will be chief among you, let him be your servant." Matt. 20:27 "The sweetest type of heaven is a home where the Spirit of the Lord presides. If the will of God is fulfilled, the husband and wife will respect each other and cultivate love and confidence." Adventist Home, p. 15	
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Promises for Children – 1a	
Prayers & Promises for My Children!	I PRAISE YOU Lord, that You hear my prayers on behalf of my children and that You are fighting for their salvation. I praise You that You will save them!
I PRAISE YOU Lord, that You promise to teach my children. You promise to give them what I cannot give them. You also promise to give them peace!	I PRAISE YOU Lord, that You have promised to save the children of the needy. We are in great need Father. The enemy wants to claim our children, but we are looking to You to break the power of the oppressor.
I PRAISE YOU Lord, that You have promised to bring my children back from the land of the enemy. You have promised to bring them home. I cling to this promise and wait for You to work!	I PRAISE YOU Lord, that Your thoughts toward us are good and not evil. You want to give my children a future and a hope. I praise You for hearing my prayers on their behalf.
I PRAISE YOU Lord, that You will teach my children what it means to walk in truth for You are the Way, the Truth, and the Life. May you receive the heritage and reward that is rightfully Yours!	I PRAISE YOU Lord, for the testimony of Augustine's mother. We are told, "The mother of Augustine prayed for her son's conversion. She saw no evidence that the Spirit of God was impressing his heart, but she was not discouraged. She laid her finger upon the texts, presenting before God his own words, and pleaded as only a mother can. Her deep humiliation, her earnest importunities, her unwavering faith, prevailed, and the Lord gave her the desire of her heart"
I PRAISE YOU Lord, that You are able to change hearts! You can change the heart of my children and You can also change my heart! Lord, please change our hearts today!	I PRAISE YOU Lord, that while we don't always see results immediately, our tears and prayers are making a difference. Thank You for promising to build a hedge of protection around our children.
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Promises for Children – 1b	
"But thus saith the LORD, 'Even the captives of the mighty shall be taken away, and the prey of the terrible shall b delivered: for I will contend with him that contendeth with thee, and I will save thy children." Isa. 49:25	"Prayer and faith will do e what no power on earth can accomplish." <i>Ministry of Healing</i> , p. 509
"He shall judge the poor of the people, He shall save the children of the needy, and shall break in pieces the oppressor." Ps. 72:4	I ma an any chinaren brian be taught of the
"'For I know the thoughts that I think toward you,' saith the LORD, 'thoughts of peace, and not of evil, to give you an expected end. Then shall ye call upon Me and ye shall go and pray unto Me, and I will hearken unto you." Jer. 29:11,12	"Thus saith the LORD; Refrain thy voice from weeping, and thine eyes from tears: for thy work shall be rewarded, saith the LORD; and they shall come again from the land of the enemy. And there is hope in thine end, saith the LORD, that thy children shall come again to their own border." Jer. 31:16,17
"Today he is just as ready to listen to the petitions of His people. His 'hand is not shortened, that it cannot save; neither his ear heavy, that it cannot hear;' [Isa. 59:1] and i Christian parents seek Him earnestly, He will fi their mouths with arguments, and, for His name's sake, will work mightily in their behalf in the conversion of their children." Christian Education, p. 236	children walk in truth." 3 John 1:4
"It costs something to bring children up in the way of God. It costs a mother's tears and a father's prayers. It calls for unflagging effort, for patient instruction, here a little and there a little. But this work pays. Parents can thus build around their children bulwarks which will preserve them from the evil that is flooding our world." <i>Child Guidance</i> , p. 479	"In answer to fervent prayer, God can turn the
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Ministry Growth – 1a		L
Prayers & Promises for God to bless Ministry Growth!	I PRAISE YOU Lord, that not only have You called us to win all nations for Your glory, but YOU have the power to make this work a success! Help me to lean on Your mighty arm of power, trusting that You will be with me!	
I PRAISE YOU Lord, that You've already promised us the heathen for our inheritance. Today I am claiming my inheritance! Show me how to reach those that don't know You!	I PRAISE YOU Lord, that Your vision is much larger than I can understand. Although I lack wisdom, I am claiming Jer. 33:3 and Ps. 32:8 that You will show me the things I don't know, and You will guide me with Your eye.	
I PRAISE YOU Lord, that although Satan may lay many obstacles across my path, this is YOUR WORK, and I will see these obstacles moved for the work to go forward with power!	I PRAISE YOU Lord, that You promise to give me wisdom liberally! I cling to this promise today. Give me wisdom in thought, word, and action. May everything I do in ministry be for Your honor and glory, and not for my own!	
I PRAISE YOU Lord, that "The honor of Your throne is staked for the fulfillment of Your Word (COL, 148)." And if You are for us, who can be against us? You can do what I could never do, even in a lifetime. Teach me how to consecrate myself fully to You, that Your Holy Spirit can be poured out!	I PRAISE YOU Lord, that You've given me a personal testimony. Teach me how to be bold and how to speak; to share this testimony, even when doing mundane daily duties, so others will also desire to taste and see that You are good (Ps. 34:8).	
I PRAISE YOU Lord, that You've	I PRAISE YOU Lord, again, that this	

I PRAISE YOU Lord, that You've given us the privilege to be "intercessors" (Isa. 59:16). Forgive me for the times I've worked, and not been willing to get on my knees to intercede. Teach me how to be an effective *intercessor* for Your glory!

I PRAISE YOU Lord, again, that this is Your work and that it will be accomplished through Your almighty power! Grow my faith, as I reflect upon Your Word, for You tell us in Numbers 23:19 that You cannot lie.

Ministry Growth – 1b		
"And Jesus came and spake unto them, saying, 'All power is given unto me in heaven and in earth. Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you alway, even unto the end of the world. Amen." Matt. 28:18-20	"From the soul that feels his need, nothing is withheld. He has unrestricted access to Him in whom all fullness dwells." <i>Desire of Ages</i> , p. 300 "Faithful <i>is</i> He that calleth you, who also will do <i>it</i> ." 1 Thes. 5:24	
"Call unto Me, and I will answer thee, and shew thee great and mighty things, which thou knowest not." Jer. 33:3 "I will instruct thee and teach thee in the way which thou shalt go: I will guide thee with mine eye." Ps. 32:8	"It is not the capabilities you now possess or ever will have that will give you success. It is that which the Lord can do for you." Christ Object Lessons, p. 146 "Ask of Me, and I shall give thee the heathen for thine inheritance, and the uttermost parts of the earth for thy possession." Ps. 2:8	
"If any of you lack wisdom, let him ask of God, that giveth to all <i>men</i> liberally, and upbraideth not; and it shall be given him." James 1:5 "For I will give you a mouth and wisdom, which all your adversaries shall not be able to gainsay nor resist." Luke 21:15	"The obstacles that are piled by Satan across your path, though apparently as insurmountable as the eternal hills, shall disappear before the demand of faith. 'Nothing shall be impossible unto you.'" <i>Desire of Ages</i> , p. 431 "For it is God which worketh in you both to will and to do of His good pleasure." Phil 2:13	
"But sanctify the Lord God in your hearts: and <i>be</i> ready always to <i>give</i> an answer to every man that asketh you a reason of the hope that is in you with meekness and fear." 1 Pet. 3:15	"If God be for us, WHO can be against us?" Rom. 8:31 "The Lord can do more in one hour than we can do in a whole lifetime, and when He sees that His people are fully consecrated, let me tell you a great work will be done in a short time, and the message of truth [will] be carried into the dark places of the earth, where it has never been proclaimed." Sermons and Talks, Vol. 1, p. 306	
"With men <i>it is</i> impossible, but not with God: for with God all things are possible." Mark 10:27 "One man of you shall chase a thousand: for the LORD your God, He <i>it is</i> that fighteth for you, as He hath promised you." Josh. 23:10	"And I sought for a man among them, that should make up the hedge, and stand in the gap before me for the land, that I should not destroy it: but I found none." Ezek. 22:30 "Prayer is a heaven-ordained means of success prayer moves heaven." In Heavenly Places, p. 75	
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Holy Spirit – 1a	
Prayers & Promises for the Holy Spirit!	I PRAISE YOU Lord, that You've told us to ask for rain! That's why I'm earnestly praying for rain today—the latter rain outpouring of the Holy Spirit! We live in a dry wilderness. Heavenly Father, we need the latter rain to finish the work! I plead for this gift!
I PRAISE YOU Lord, that I can have confidence that it is Your will to give us the Holy Spirit, because You've told us to ask for this gift. Help me to be ready to receive Your great gift. Cut away all pride and self. Make me like You!	I PRAISE YOU Lord, that You want to give the gift of the Holy Spirit even more than we want to receive it! Please help us to seek for it, pray for it, believe it May heaven's blessing not be withheld any longer!
I PRAISE YOU Lord, that You've promised that the coming outpouring of the Holy Spirit will be beyond anything I can imagine. Help me to keep asking in faith until we as a church receive this blessing!	I PRAISE YOU Lord, for the amazing gift of the Comforter! Please help me understand the truths in Your Word. Help me store up Your Words in my heart that they can be brought back to my remembrance when needed.
I PRAISE YOU Lord, that You've promised to send me power for witnessing! Help me not to move forward in my own strength without the filling of the Holy Spirit!	I PRAISE YOU Lord, that You stand back of EVERY PROMISE You have made. Teach me how to pray with my Bible in my hands. Teach me how to pray upon Your Word, for You cannot lie!
I PRAISE YOU Lord, that You've promised a great outpouring of the Holy Spirit is to come, and all are entitled to this gift. Help me to take seriously the call of Joel 2.	I PRAISE YOU Lord, that You've promised to give ME the baptism of the Holy Spirit! If there is anything in my life that might be holding back this full blessing, please help me to see it. Teach me how to walk humbly with You!
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Holy Spirit – 1b	
"Ask ye of the Lord rain in the time of the latter rain; so the Lord shall make bright clouds, and give them showers of rain, to every one grass in the field." Zech. 10:1	"If ye then, being evil, know how to give good gifts unto your children: how much more shall your heavenly Father give the Holy Spirit to them that ask Him?" Luke 11:13
"The descent of the Holy Spirit upon the church is looked forward to as in the future; but it is the privilege of the church to have it now. Seek for it, pray for it, believe for it. We must have it, and Heaven is waiting to bestow it." The Review and Herald, March 19, 1895	"Divine grace is needed at the beginning, divine grace at every step of advance, and divine grace alone can complete the work. There is no place for us to rest in a careless attitude We may have had a measure of the Spirit of God, but by prayer and faith we are continually to seek more of the Spirit." Testimonies to Ministers and Gospel Workers, p. 507, 508
"But the Comforter, which is the Holy Ghost, whom the Father will send in my name, He shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you." John 14:26	"Let Christians ask in faith for the promised blessing, and it will come. The outpouring of the Spirit in the days of the apostles was the former rain, and glorious was the result. But the latter rain will be more abundant." The Signs of the Times, February 17, 1914
"Plead for the Holy Spirit. God stands back of every promise He has made. With your Bible in your hands say, I have done as Thou hast said. I present Thy promise, 'Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you." Christ's Object Lessons, p. 147	"But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto Me, both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth." Acts 1:8
"Will we wrestle with God in prayer? Will we receive the baptism of the Holy Spirit? This is what we need and may have at this time If we will walk humbly with God, God will walk with us." <i>Prayer</i> , p. 87	"And it shall come to pass afterward, that I will pour out my Spirit upon all flesh; and your sons and your daughters shall prophesy, your old men shall dream dreams, your young men shall see visions: and also upon the servants and upon the handmaids in those days will I pour out My Spirit." Joel 2:28,29
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Prayers & Promises for

Physical & Spiritual Healing!

I PRAISE YOU Lord, that when we call to You in our distress You answer. In fact You tell us that before we even call You have already heard our prayer! So our physical and spiritual struggles have not caught You by surprise!

I PRAISE YOU Lord, that You are our great Physician and Healer. There is no disease, no sickness, no doctor's diagnoses, no spiritual problem that is too difficult for You to heal! You can even raise the dead and bring them back to life!

I PRAISE YOU Lord, that You have told us that the prayer of faith will save the sick. We know that it is Your will to heal spiritually (immediately) and physically (at the time that will most glorify Your name). We look to You in faith for this promised healing!

I PRAISE YOU Lord, that You are the restorer of life. While the enemy comes to destroy, You come with healing in Your wings! I praise You for healing me of my wounds.

I PRAISE YOU Lord, that although I walk in the midst of trouble (disease, sickness, sin), You can revive me! I pray that in the name of Jesus, You would forgive me of my sins and bind the evil spirit of (name disease) that is seeking to destroy my life or body. Save me Lord!

I PRAISE YOU Lord, that You want to deliver us from the diseases of the world. You want our physical and spiritual health to reflect Your glory. Show me Lord, how I've failed to honor You in my health and living habits. Teach me how to honor You in everything I do.

I PRAISE YOU Lord, that You are my Rock. You are my deliverer. My hope and trust is in You. No matter what the future holds, I ask that You would give me strength to NOT bow down to fear or despair, but to trust that You are working all things together for my good.

I PRAISE YOU Lord, that it is by Your stripes that we are healed. You have paid the price for our sins and the disease of sin and sickness so that we could have an eternity with You in glory! Thank You Father for Your ultimate sacrifice that we could have this great gift!

I PRAISE YOU Lord, that
No matter the valley that you ask me to
walk through, Your grace is sufficent.
I have full confidence that You can heal,
but whatever road You ask me to walk,
help me be a witness (even in the pain
and trials) for Your glory!

\Box	Healing - 1B	
	"In my distress I cried unto the LORD, and He heard me." Ps. 120:1 "And it shall come to pass, that before they call, I will answer; and while they are yet speaking, I will hear." Isa. 65:24	"Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth." 3 John 1:2
	"Is any sick among you? Let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord: And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him." James 5:14-15	"Bless the LORD, O my soul, and forget not all His benefits: Who forgiveth all thine iniquities; Who healeth all thy diseases; Who redeemeth thy life from destruction; Who crowneth thee with lovingkindness and tender mercies." Ps. 103:2-4 "Natural impossibilities cannot prevent the work of the Omnipotent One." <i>Desire of Ages</i> , p. 535
	"Though I walk in the midst of trouble, You will revive me; You will stretch out Your hand against the wrath of my enemies, And Your right hand will save me." Ps. 138:7 "And I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven." Matt. 16:19	"The Sun of Righteousness shall arise With healing in His wings." Mal. 4:2 "For I will restore health to you And heal you of your wounds,' says the LORD." Jer. 30:17 "Heal me, O LORD, and I shall be healed; Save me, and I shall be saved, For You are my praise." Jer. 17:14
	"From the end of the earth I will cry to You, when my heart is overwhelmed; Lead me to the rock that is higher than I." Ps. 61:2 "Some trust in chariots, and some in horses; But we will remember the name of the LORD our God." Ps. 20:7 "Our God is able to deliver but even if He doesn't, we will not bow down." (Paraphrase Dan. 3:17,18)	"If you diligently heed the voice of the LORD your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am the LORD who heals you." Ex. 15:26 "Therefore, whether you eat or drink, or whatever you do, do all to the glory of God." 1 Cor. 10:31
	"God never leads His children otherwise than they would choose to be led, if they could see the end from the beginning, and discern the glory of the purpose which they are fulfilling as co-workers with Him And of all the gifts that Heaven can bestow upon men, fellowship with Christ in His sufferings is the most weighty trust and the highest honor." Desire of Ages, p. 224 "My grace is sufficient for you" 2 Cor. 12:9	"But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed." Isa. 53:5 "Thanks be to God which giveth us the victory through our Lord Jesus Christ." Ps. 85:6
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Prayers & Promises for

Times of Trouble

I PRAISE YOU Lord, that You are my High Tower that I can run to in my distress. The troubles I face are overwhelming. The enemy wants to overcome me and bring me to despair, but You are my deliverer. I will hope in You!

I PRAISE YOU Lord, that You always hear my cry. There's no enemy too strong for You. Thank You for promising to fight for me and give me victory. There is no one like You, Lord! I will cling to Your Word.

I PRAISE YOU Lord, that You are a REFUGE in times of trial! You are my safe place! You will never forsake them that seek You, and because of that I will sing praises of thanksgiving to You, even in this trial, for what the enemy has meant for evil, You can turn to good (Gen. 50:20).

I PRAISE YOU Lord, that You promise to hide me in Your pavilion and to set me upon a rock. You also encompass me about with songs of deliverance. Thank You for being my ROCK. Thank You for carrying me safely thru this storm.

I PRAISE YOU Lord, that I don't need to be fearful about the future, because You promise to hold my hand. You promise to strengthen me. You also promise that when I keep focused on Your mission for my life, You will work things together for my best good (Rom. 8:28).

I PRAISE YOU Lord, that although things appear hopeless at times, You are my HOPE! And my eyes are upon You! You tell me in Rom. 8:31, "If God be for us, who can be against us?" I'm claiming this promise! Give me the wisdom I need to handle this trial...

I PRAISE YOU Lord, that even in my trial and time of testing, You can be glorified. That is my prayer, that You would be exalted in this trial, and that Your power would be seen to all those looking on. May this battle not be about me, but about the magnifying of Your Name!

I PRAISE YOU Lord, that we know in the end YOU will be the mighty victor. You promise to save Your anointed. I am not worthy Lord, but You are worthy, and my hope is in You and Your righteousness. No matter what happens now, I will trust in Your Name and Your Word.

I PRAISE YOU Lord, that truly
Your grace is indeed sufficient for all
my need! While I would like immediate
deliverance from this trial/trouble/pain,
I praise You for Your strength that is made
perfect even in my weakness. My life is in
Your hands. Whatever the outcome, may
You be glorified!

Promises for Trouble - B		L
"The LORD is my rock, and my fortress, and my deliverer; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, and my high tower. I will call upon the LORD, who is worthy to be praised: so shall I be saved from mine enemies." Ps. 18:2-4	"And call upon me in the day of trouble: I will deliver thee, and thou shalt glorify me." Ps. 50:15 "As for me, I will call upon God; and the LORD shall save me. Evening, and morning, and at noon, will I pray, and cry aloud: and he shall hear my voice. He hath delivered my soul in peace from the battle that was against me: for there were many with me." Ps. 55:16-18	
"The LORD also will be a refuge for the oppressed, a refuge in times of trouble. And they that know thy name will put their trust in thee: for thou, LORD, hast not forsaken them that seek thee. Sing praises to the LORD, which dwelleth in Zion: declare among the people his doings He forgetteth not the cry of the humble." Ps. 9:9-12	"In my distress I called upon the LORD, and cried unto my God: he heard my voice out of his temple, and my cry came before him, even into his ears. He delivered me from my strong enemy, and from them which hated me: for they were too strong for me. They prevented me in the day of my calamity: but the LORD was my stay. He brought me forth also into a large place; he delivered me, because he delighted in me." Ps. 18:6, 17-19	
"Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousnessFor I the LORD thy God will hold thy right hand, saying unto thee, Fear not; I will help thee." Isa. 41:10-13 "And the LORD turned the captivity of Job, when he prayed for his friends: also the LORD gave Job twice as much as he had before." Job 42:10	"For in the time of trouble he shall hide me in his pavilion: in the secret of his tabernacle shall he hide me; he shall set me up upon a rock." Ps. 27:5 "Thou art my hiding place; thou shalt preserve me from trouble; thou shalt compass me about with songs of deliverance. I will instruct thee and teach thee in the way which thou shalt go: I will guide thee with mine eye." Ps. 32:7,8	
"One man of you shall chase a thousand: for the LORD your God, he it is that fighteth for you, as he hath promised you." Josh. 23:10 "But we have this treasure in earthen vessels, that the excellency of the power may be of God, and not of us. We are troubled on every side, yet not distressed; we are perplexed, but not in despair; Persecuted, but not forsaken; cast down, but not destroyed; Always bearing about in the body the dying of the Lord Jesus, that the life also of Jesus might be made manifest in our body." 2 Cor. 4:7-10	"O our God, wilt thou not judge them? For we have no might against this great company that cometh against us; neither know we what to do: but our eyes are upon thee." 2 Chron. 20:12 "For I will give you a mouth and wisdom, which all your adversaries shall not be able to gainsay nor resist." Luke 21:15	
"And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong." 2 Cor. 12:9-10	"Now know I that the LORD saveth his anointed; he will hear him from his holy heaven with the saving strength of his right hand. Some trust in chariots, and some in horses: but we will remember the name of the LORD our God. They are brought down and fallen: but we are risen, and stand upright. Save, LORD: let the king hear us when we call." Ps. 20:6-9	

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Comfort - A		L
Prayers & Promises for Comfort in Sorrow	I PRAISE YOU Lord, that You promise to wipe away all tears from our eyes. I praise You that the day is coming when You will heal my broken heart, make all the wrongs right, and when You will take away all pain, sorrow, or crying.	
I PRAISE YOU Lord, that You will strengthen me according to Your Word. I need strength today, Lord. My heart is heavy. It is broken, but I praise You for being near the broken in heart!	I PRAISE YOU Lord, for the sweet calming presence of the Holy Spirit even in my time of grief and pain. I praise You for the song You give me even in the night, even through the tears.	
I PRAISE YOU Lord, that You are near. I praise You for Your arms of love that are around me, holding me, and carrying me. I praise You for the promise that You will never leave me or forsake me. I cling to You! Please heal my heart!	I PRAISE YOU Lord, that You are a good God! Life isn't always good, but throughout Your Word, You remind me that YOU are good. (Ps. 34:8, Ps. 100:5, Ps. 145:9) Give me strength to trust You and hold on even when I don't understand Your ways.	
I PRAISE YOU Lord, that You see the big picture. And one day You promise to turn my mourning into dancing (Ps. 30:11). Teach me how to cry on Your shoulder and rest in Your arms, knowing	I PRAISE YOU Lord, that You promise to heal my wounds. In fact, You know what it feels like to hurt like I do! You've already endured this pain, in much greater degree. Thank You for taking	

that someday all the sorrow and suffering will be taken away!

Satan's blow that I could receive healing!

I PRAISE YOU Lord, that You promise to walk with me when I walk through the floods. Sometimes I'm completely overwhelmed in sorrow and grief, but I'm grasping tightly to You! Thank You that You promise to never leave me or forsake me...

I PRAISE YOU Lord, that You are my perfect Peace! Teach me how to keep my mind stayed upon You.

Teach me how to turn away from the temptations to grow bitter, and instead help me give my grief and tears to You.

Comfort - B	
"Behold, I make all things new." Rev. 21:5 "And God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away." Rev. 21:4	"He heals the brokenhearted And binds up their wounds." Ps. 147:3 "For I have satiated the weary soul, and I have replenished every sorrowful soul." Jer. 31:25
"That He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in [your inner being]." Eph 3:16 "But no one says, 'Where is God my Maker, Who gives songs in the night," Job 35:10	"My soul melts from heaviness; Strengthen me according to Your word." Ps. 119:28 "The sacrifices of God <i>are</i> a broken spirit, A broken and a contrite heart— These, O God, You will not despise." Ps. 51:17
"And [Job] said, Naked came I out of my mother's womb, and naked shall I return thither: the LORD gave, and the LORD hath taken away; blessed be the name of the LORD." Job 1:21,22 "What? Shall we receive good at the hand of God, and shall we not receive evil? In all this did not Job sin with his lips." Job 2:10	"God would not have us remain pressed down by dumb sorrow, with sore and breaking hearts. He would have us look up and behold His dear face of love. The blessed Savior stands by man whose eyes are so blinded by tears that they do not discern Him. He longs to clasp our hands, to have us look to Him in simple faith, permitting Him to guide us. His heart is open to our griefs, our sorrows, and our trials." Thoughts from the Mount of Blessing, p. 12
"But He was wounded for our transgressions, <i>He was</i> bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed." Isa. 53:5	"For I consider that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us." Rom 8:18 "But He knows the way that I take; When He has tested me, I shall come forth as gold." Job 23:10
"Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee. Trust ye in the LORD for ever: for in the LORD JEHOVAH is everlasting strength." Isa. 26:3	"When you pass through the waters, I will be with you; And through the rivers, they shall not overflow you. When you walk through the fire, you shall not be burned, Nor shall the flame scorch you." Isa. 43:2
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PRAYER SIDE - A	
Prayers & Promises for My Life	
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WRITE YOUR PROMISE - SIDE B	
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Directions for Making the Prayer and Promise Card Sets

www.revivalandreformation.org

All these pages should be printed double sided! We like to print each topic in a separate color, but do whatever you prefer. If you print the topics separately, it's very important that you make sure the front **Side A** (the prayer) and the back **Side B** (the promise/Inspiration) align and are the same topic. You can print on lightweight paper and then laminate your cards so they are safe from water damage and wear and tear, or you can print on heavy card-stock, then cut up and put on a key ring for easy use. If you wish to edit these cards

> with your own personal promises, download the .doc files!

There are 100 cards in this mater collection, however, there are more cards in each topic if you desire. In that case, download each topic separately from our website. We pray these cards are a blessing!

11.ord, that if we

Prayers & Promises

Your will, You

Forward on our Knees!

